



# Instructions for Dental Treatment with Conscious Sedation

## BEFORE ARRIVING FOR THE DENTAL APPOINTMENT

1. Special time has been reserved for the sedation appointment. Please make every effort to be here. If there is reason to cancel please call with 24 hours' notice.
2. Please inform us of any recent changes in your child's health status including medications, drug reactions, illness, or hospitalization.
3. Dress your child in loose, comfortable clothing. Sedation appointments may be lengthy, and children tend to get warm and perspire. We will remove the shoes and socks to monitor your child's breathing and pulse. If your child is not completely potty trained, please put on a diaper and bring an extra set of clothes.

4. **Do not give any food during the six hours prior to your arrival to our office. *The medications used for sedation may cause nausea if there is food in the stomach.***
5. **You may give your child *only clear liquids (water, apple, grape or cranberry juice, or plain Jell-O) up to 2 hours before the procedure. In the interest of your child's health and safety, we will need to cancel the appointment if you do not follow these instructions.***

Parent Initials \_\_\_\_\_

6. Your child must be accompanied by a parent/legal guardian for all appointments. We highly recommend a second person to care for your child while driving home. To ensure that your child has your fullest attention, please do not bring another child to care for during the appointment.
7. If your child develops a fever, a productive cough and/or congestion within two days before the dental appointment, notify the office immediately at **248-608-2626**. We may need to reschedule the appointment at a time when your child is feeling better.
8. Your child will be given the medications for sedation when you arrive to our office. (You will stay with your child until the medications have reached the desired effect and you will need to remain in the reception area until treatment is completed.) Your prompt arrival is very important because it will take time for the medication to work before treatment can begin.

## AFTER THE DENTAL TREATMENT

1. Since your child may be drowsy after the appointment, please use a seat belt or car seat to protect him/her while you are driving home. It is best to have another person along to assist you. Some children become irritable when they are moved from one place to another (i.e. from the office to your car). Some children may fall asleep and should be closely observed.
2. Do not allow your child to bite, scratch, or suck his/her lips, tongue or cheek after the appointment. The sensation of numbness may last for one to two hours, and biting the lip or cheek will cause swelling, ulceration, and bleeding. You can prevent this by having them bite on gauze, keeping his/her fingers out of the mouth and observing them very closely.
3. Following treatment, your child will be tired or groggy and may want to nap for a few hours. This is perfectly normal and acceptable.
4. Following treatment, as the medication is wearing off, a small percentage of children may be excessively irritable or agitated and require lots of supervision. Be assured that, as the medication wears off, your child will return to their normal disposition.
5. Your child may walk wobbly for several hours. Carefully observe your child's activities for the rest of the day to prevent any stumbling or falling. Please do not plan on taking your child to school or day care until the day following the appointment.
6. If you have any questions, call the office at **248-608-2626**. We welcome any questions related to the treatment and well-being of your child.